

Lancashire Health and Wellbeing Board

Meeting to be held on 16 October 2014

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| Electoral Division affected: All |
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Health Behaviours JSNA – progress report

Contact for further information:

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Executive Summary

This paper provides a progress update on the Health Behaviours JSNA. The work forms part of the JSNA bespoke analyses work programme 2013/14 agreed by the Health and Wellbeing Board in October 2013. The project is on target with no concerns over delivery.

Recommendation

The Health and Wellbeing Board is asked to note this update report.

Background and Advice

Healthy behaviours such as sensible drinking of alcohol, being physically active, eating well and managing stress are known to prevent a wide range of health problems across the life course. Behaviours such as smoking tobacco, misusing drugs and alcohol and unsafe sex put people at particular risk of ill health.

In Lancashire we have very limited information about the prevalence of different health behaviours across population groups or the characteristics of people with different health behaviours. We don't know what assets there are in our communities that enable and support healthy behaviours. Neither do we know how many people participate in more than one risk-taking behaviour or the scale of the various combinations of unhealthy behaviours. The Health Behaviours JSNA has been designed to improve insight into these areas.

Progress

The project is on target with no concerns over delivery of the JSNA as planned.

As with all previous JSNAs, a small project group has been set up to direct the project, comprising research and intelligence experts along with commissioners from across the public, private and third sectors. The project group is the mechanism that

drives the design and delivery of the survey, post-fieldwork analyses and the subsequent health behaviours JSNA.

A wider reference group met initially to frame the JSNA and to give the project group a better understanding of the topics the JSNA needs to tackle, and how the completed JSNA will influence strategic and commissioning decision-making.

Delivery has been split into four main sections comprising a literature review, secondary data analyses, public survey and reporting.

Literature review and secondary data analysis

A literature review and the secondary data analyses have both been completed. Work has been undertaken to ascertain the gaps in understanding from this work and this has fed into the refinement of the questionnaire topics. A combined report for this area of work is almost complete. It will provide a comprehensive picture of the data and literature surrounding the health behaviours covered in the survey. This will be used to underpin the final JSNA report and will be available on the health behaviours JSNA web page alongside all other supporting documents.

Public survey

The survey is currently out in the field, with fieldwork ending on 7 November. Early indications are that we have a strong response rate, which will provide a robust dataset that can be analysed by various demographic and behavioural characteristics, and lower-level geographies. Data processing is ongoing. A report from the survey will be produced.

Blackpool Council and Blackburn with Darwen Council were invited to take part in the JSNA. Blackpool Council is taking part in the survey and it is being run as a joint survey between the county council and Blackpool, with the county council providing the lead.

Analysis and reporting

Analysis and reporting will be completed once the survey report has been delivered. It will allow the various strands of the project to be brought together into a single understanding. The report will be a summary of health behaviours in Lancashire, with links to more in-depth analyses and resources, and with a set of draft recommendations and actions.

The reference group will be convened once the reporting has been completed and the recommendations are emerging. The reference group will be used to enable the recommendations and actions to be prioritised. A final report will then be submitted to the Health and Wellbeing Board, which will be 29 April 2015.

Consultations

N/A

Implications:

This item has the following implications, as indicated:

The Health and Wellbeing Board is asked to note this update report.

Risk management

The project is on target with no concerns over delivery of the JSNA as planned.

Local Government (Access to Information) Act 1985**List of Background Papers**

| Paper | Date | Contact/Directorate/Tel |
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Reason for inclusion in Part II, if appropriate

insert the exemption number and extract from relevant Para 1-7 or 'N/A' as appropriate